

COACHING MASTERY

A Diploma course for advanced coaching

A chance to build your expertise, extend your knowledge and become a leading-edge coach

Coaching Mastery encourages each individual to apply a wide range of models to themselves and to shape their own future as a coach. This course is founded on four elements that encapsulate good coaching practice:

- ◇ You as a coach
- ◇ You as a person
- ◇ Coaching tools and techniques
- ◇ Your coaching business

The course will explore and define you as a coach, develop your personal coaching philosophy and give you the self-knowledge to allow you to build your coaching business with integrity and humility. You will leave with a deeper understanding of neuroscience, impact of emotional states and how these apply to coaching. You will have a full portfolio of your work and will have built your business case for coaching.

The programme consists of 4 modules supported between by 2 virtual modules; each module will focus on a particular stage of the coaching process. Each module combines reflection and review; new theoretical, scientific and experiential input; the opportunity to practice as coach, coachee and observer and how to put your new learning into action outside the course. You will come for two 1:1 sessions which will take place between modules. These sessions introduce the framework of supervision in the coaching process.

This year we look forward to welcoming Jenny Rogers, one of the UK's most experienced executive coaches with 26 years of experience. Her book *Coaching Skills: The definitive guide to being a coach* is now in its fourth edition and is acknowledged internationally as the 'Bible' on how to coach successfully.

Your facilitators:

Sue Macmillan

Sue had a 20-year career in the NHS as a physiotherapist and retrained in 2010 as a coach and facilitator. She is also a trained actor and storyteller and specialises in developing communication skills, speech and presentation skills.



Jacqui Fairbrass

As an education officer in the British Army, Jacqui worked with soldiers and officers in a variety of leadership roles in the Ministry Of Defence. She is now a coach and facilitator, supporting leaders to develop skills to engage and align people around them to drive business performance.



2021-22 Dates

Module 1:	14-16th July
Virtual module 1:	3rd Sept
Module 2:	28-30th Sept
Virtual module 2:	29th Oct
Module 3:	25-26th Nov
Virtual module 3:	16th Dec
Integration:	13-14th Jan 22

Venue & Costs

The course will be held in Bedfordshire. Local accommodation is available.

The cost for 3 modules, plus virtual modules and integration is **£4,900** plus VAT. [Visit our website for more information](#)

This course is life-changing. Be prepared to come away a different (& better) person. And to meet the most extraordinary people.

To reserve a place or ask further questions:
sue@fieldsoflearning.com or 07711 417653
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COACHING MASTERY

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A CHANCE TO BUILD YOUR EXPERTISE, EXTEND YOUR KNOWLEDGE AND BECOME A LEADING-EDGE COACH

What capabilities and knowledge do you need to develop as a coach in the 21st Century? What values qualities and attitudes is it helpful to hold? What experiences and understanding of yourself is it useful to explore?

How can you shape your coaching practice? How can organisations develop a coaching led culture? How can you be a credible and professional coach in the market-place? This advanced course gives you the answers.

A course in coaching excellence this programme explores all these questions through an integrated model based on neuroscience. The programme encourages each individual to apply a wide range of models to themselves and to shape their own future as a coach. This course is founded on four elements that encapsulate good coaching practice.

- **You as a coach** – exploring and defining who you want to be as a coach and developing your personal coaching philosophy.
- **You as a person** – gaining the self-knowledge that allows you to coach with integrity and humility
- **Coaching tools and techniques** – our core coaching approach is strengthened by an exposure to a wide range of coaching tools techniques and models all enriched with a deeper understanding of neuroscience, impact of emotional states and how these apply to coaching.
- **Your coaching business** – developing your business framework, plan and processes – be it as an independent coach or as an employee using coaching within an organisation or as a leader using coaching approaches. Meeting ethical standards of UK and international coaching organisations.

The coaching journey is brought to life by the brilliance of the trainers and by reflection and self-discovery.

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2021 course details

The programme consists of **4 modules** supported between by **3 short virtual modules**; each module will focus on a particular stage of the coaching process.

Each module combines reflection and review; new theoretical, scientific and experiential input; the opportunity to practice as coach, coachee and observer and how to put your new learning into action outside the course. You will also be part of a supportive learning set of like-minded coaches and really get your learning 'in the muscle'.

We will ask you to have at least three or four new coaching clients you will work with throughout the course and use as case studies. You will also perform specific tasks that you set yourself to develop your learning in the real world and these will be reviewed at each new module.

Supervision to support your learning

You will come for two 1:1 supervision sessions which will take place between modules. These sessions introduce the framework of supervision – helping you to reflect and process what is happening for you as you progress your coaching and develop further ways to understand the coaching dynamic. You will develop clean self reflective and self coaching practices and understand how to create appropriate boundaries between yourself and your clients.

Consolidation

The final module tests the integration of all you have learned and enables you to demonstrate your coaching competence. You will have a full portfolio of your work and will have built your business case for coaching.

You leave this course with a strong sense of your own identity and capability as a coach, armed with the tools to make it happen for you and for your Coachees! Those who complete this will receive the Coaching Mastery Diploma and with 75 coaching hours an AC accredited executive coach.

Who will be there?

You will join up to 12 other participants from a variety of backgrounds. Please do talk to us about your experience and background. Where needed, we can offer 1:1 support to bring your learning up to the required level.

Your facilitators will be Sue Macmillan (Course Director), Jacqui Fairbrass with support from a Graduate Coach, we will have input from others such as Fields of Learning founder Catherine Doherty who will join some of the modules and pass on her experience as an Executive and Team Coach.

Masterclasses

Each course includes a masterclass with thought leaders from the coaching profession. In previous years we have welcomed people like Nancy Kline, Alison Hodge, Diana Dawson, Clive Hyland, Dr. Brian Marien and Lucy Ryan and Dr Carole Pemberton.

This year we look forward to welcoming Jenny Rogers one of the UK's most

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experienced executive coaches with 26 years of successful experience. Her book *Coaching Skills: The definitive guide to being a coach* is now in its fourth edition and is acknowledged internationally as the 'Bible' on how to coach successfully.

On these days we also welcome previous graduates and guests so you get a networking experience.

Course and individual recognition

At the core of this course is a belief that the quality and integrity of coaches and their practice matters.

To this end we support and promote the ethical code of the major coaching associations and specifically that of the Association for Coaching (AC).

This course is accredited with them at their Coaching Diploma level and with 75 coaching hours this coaching mastery programme qualifies you as an AC accredited executive coach.

What people say

The feedback we receive on each course elevates our development, delivery and course standards.

We value what graduates say and if you would like to speak to prior attendees then we will put you in touch. Meantime, here is what a delegate said last year:

"This course has given me the tools, beliefs and direction to become a qualified coach. It is the best training course I have ever been on!"

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Venue & Costs

The course will be held in Bedfordshire. Local accommodation is available.

The cost for 3 modules, plus virtual modules and integration is **£4,900** plus VAT.

To complete your Diploma you need to cover the material of all 12 days, keep a learning log and log of coaching hours as well as show your extending reading and exploration of coaching resources. You will write one case study. Catch up days can be arranged where necessary and will be charged for.

All course materials are provided in secure Dropbox format for the group. You can find the bios and videos of all the Fields of Learning delivery team here, as well as detailed course notes to support the programme. To keep the course up to date we add links to TED Talks, podcasts, webinar links of current interest that back up and support the learning of the individuals on the 2021 programme. As we have small cohorts we have the flexibility to shape the programme to your needs while ensuring we cover the competencies needed to pass the AC accreditation process.

Coaches receive three sessions of formal supervision which reviews their work. Coaches are required to have at least two case studies each receiving 4 coaching sessions.